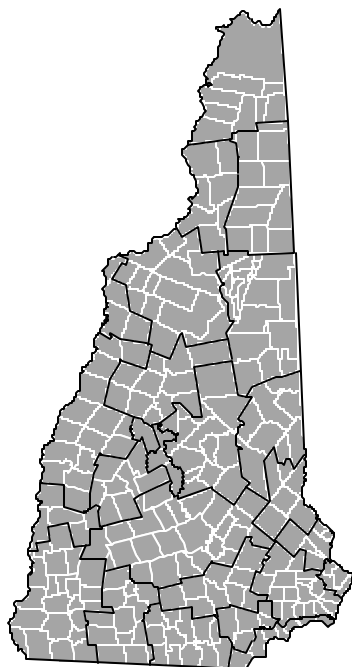




New Hampshire Regional Health Profiles

Healthy New Hampshire 2010



July, 2001

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Healthy New Hampshire 2010

Healthy New Hampshire 2010 is New Hampshire's health promotion and disease prevention agenda for the first decade of the 21st century. As a private-public initiative, this agenda represents a shared vision and acknowledges a shared responsibility for improving the health and quality of life for all New Hampshire citizens. *Healthy New Hampshire 2010* focuses on healthy behaviors, a common environment, and other factors that the population shares that are the foundation for healthy living.

Many of the health problems that affect the State – such as cancer, heart disease, stroke, and injuries – are rooted in behaviors that residents can do something about. A century of public health and biomedical advances has allowed an understanding that a healthier, more active quality of life is within grasp. Tobacco use, diet, inactivity, and alcohol use together may account for more than 40% of all deaths. Other factors play a role in health as well. Everyone benefits from access to quality health services and safe environments in which to live, work and play.

Healthy New Hampshire 2010 will guide efforts in these essential areas and permit tracking of progress toward improvements. As a private-public initiative, *Healthy New Hampshire 2010* can serve as the framework to focus resources, talent and voices that can make a real difference for families, neighbors and communities.

The full *Healthy New Hampshire 2010* report and agenda is available on the Internet at:

WWW.healthynh2010.org.

Healthy New Hampshire 2010 provides the framework for a systematic approach to health improvement. It identifies significant and preventable threats to health and represents the commitment of local and State leaders to develop community and statewide efforts that promote healthy behaviors, create healthy environments, and increase access to quality health care. Strategies expected to emerge from this agenda will help New Hampshire's residents gain the knowledge, motivation, and opportunities needed to improve health and well-being.

The *Regional Health Profiles* are an information resource for communities who are developing local *Healthy New Hampshire 2010* objectives. The *Profiles* contain regional information for 14 of the *Healthy New Hampshire 2010* State level objectives. These 14 *Healthy New Hampshire 2010* indicators are important for communities to give serious consideration to. They can be helpful in determining population health needs and targeting areas for improvement.

The following table lists each of the 55 health indicators contained in the *Regional Health Profiles*. It also identifies which indicators are related to *Healthy New*

Hampshire 2010 objectives. The *Healthy New Hampshire 2010* State and United States baseline data are included as well as the New Hampshire target.

Regional Health Profile Indicators		Healthy NH 2010 Objectives		
Indicator	Full Wording			
Birth rate	Birth rate per 1,000 females ages 15 - 44			
Births covered by Medicaid	Rate of mothers delivering with Medicaid payor per 1,000 deliveries			
Births to women who smoked during pregnancy	Maternal smoking rate per 1,000 deliveries	Reduce the percentage of pregnant women who report smoking cigarettes. NH Baseline 1998 – 17% NH Target 2010 – 10% US Baseline 1997 – 13%		
Births to women with less than 12 years of education	Maternal education less than 12 years per 1,000 deliveries			
Births to teens	Teen birth rate per 1,000 females ages 15 – 17			
Births to unmarried women	Unmarried mothers per 1,000 deliveries			
Births with late or no prenatal care	Late or no prenatal care (care begun after 2 nd trimester, or not at all) per 1,000 deliveries	Increase the percentage of women who receive early and adequate prenatal care. NH Baseline 1998 – 86.5% NH Target 2010 – 90% US Baseline 1997 – 74%		
Births with low birth weight	Low birthweight births (<2500 grams) per 1,000 births	Reduce low birth weight (<2500 grams) and very low birth weight (<1500 grams) births.		
			LBW	VLBW
		NH Baseline 1998	5.7%	1.1%
		NH Target 2010	5.0%	0.8%
		US Baseline 1998	7.6%	1.4%
Deaths from all cancers	Cancer mortality rate per 1,000 ages 25+			

Deaths from breast cancer	Breast cancer mortality rate per 1,000 females ages 25+	Reduce breast cancer deaths (per 100,000 population) NH Baseline 1998 – 28.9 NH Target 2010 – 26.0 US Baseline 1998 – 28.6																				
Deaths from firearms	Firearms mortality rate per 1,000 ages 15+	Reduce firearms deaths (per 100,000 population) NH Baseline 1997-1998 – 7.1 NH Target 2010 - 4.9 US Baseline 1997 – 12.1																				
Deaths from heart disease	Heart disease mortality rate per 1,000 ages 25+	Reduce coronary heart disease deaths (per 100,000 population) NH Baseline 1998 –205.6 NH Target 2010 – 164.5 US Baseline 1998 – 208																				
Deaths from suicide	Suicide mortality rate per 1,000 ages 15+	Reduce suicide deaths (per 100,000 population) <table><tr><td></td><td>Total</td><td>Male</td><td>Female</td></tr><tr><td>NH Baseline 1996-1998</td><td>11.8</td><td>19.1</td><td>5.3</td></tr><tr><td>NH target 2010</td><td>4.0</td><td></td><td></td></tr><tr><td>US Baseline 1998</td><td>11.3</td><td>19.2</td><td>4.3</td></tr><tr><td></td><td>deaths</td><td>deaths</td><td>deaths</td></tr></table>		Total	Male	Female	NH Baseline 1996-1998	11.8	19.1	5.3	NH target 2010	4.0			US Baseline 1998	11.3	19.2	4.3		deaths	deaths	deaths
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US Baseline 1998	11.3	19.2	4.3																			
	deaths	deaths	deaths																			
Deaths from unintentional injuries	Mortality rate due to unintentional injuries per 1,000 ages 15+	Reduce fall injury deaths for adults age 65 and older (per 100,000 population) NH Baseline 1997-1998 – 29.2 NH Target 2010 – 23.3 US Baseline 1998 – 27.9 Reduce motor vehicle occupant deaths (per 100,000 population) NH Baseline 1997-1998 – 6.8 NH Target 2010 – 5.4 US Baseline 1998 15.0																				
Deaths related to diabetes	Diabetes-related mortality rate per 1,000 ages 45+																					
Families at or below 200% of poverty	Percentage of families with income less than 200% of federal poverty level																					

Families by household income – number	Number of families by household income, 1990	
Families by household income – percent	Percentage of families by household income, 1990	
High school completion	Percentage of adults under age 65 with a high school degree	
Hospital admissions for adults with ambulatory care sensitive conditions	Adult admissions rate for ambulatory care sensitive conditions per 1,000 ages 18 – 64	
Hospital admissions for adults with injuries	Adult hospitalization rate for injury per 1,000 ages 18 – 64	
Hospital admissions for ambulatory care sensitive chronic conditions	Admissions rate per 1,000 population for ambulatory care sensitive chronic conditions	
Hospital admissions for ambulatory care sensitive rapid onset conditions	Admissions rate per 1,000 population for ambulatory care sensitive rapid onset conditions	
Hospital admissions for children with ambulatory care sensitive conditions	Pediatric admissions rate for ambulatory care sensitive conditions per 1,000 ages 1 – 17	<p>Reduce hospitalizations for pediatric asthma (per 10,000 population age 0-17 years).</p> <p>NH Baseline 1998 – 10.5 NH Target 2010 – 7.9 US Baseline 1996 – 23.0</p>
Hospital admissions for children with injuries	Pediatric hospitalization rate for injury per 1,000 ages 1 – 17	<p>Reduce unintentional injury, excluding motor vehicle occupant injury, of children and adolescents (inpatient discharges/100,000 population age 0-19 years of age).</p> <p>NH Baseline 1999 – 146.5 injuries NH Target 2010 – 117.2 injuries US Baseline 1998 - NA</p>
Hospital admissions for elderly with ambulatory care sensitive conditions	Elder admissions rate for ambulatory care sensitive conditions per 1,000 ages 65+	

Hospital admissions for elderly with injuries	Elder Hospitalization rate for injury per 1,000 ages 65+	
Hospital inpatient payment source	1998 inpatient payor distribution	
Households with stable locations	Percentage of households with stable locations, 1990	
Incidence of breast cancer	Breast cancer incidence rate per 1,000 females ages 25+	
Incidence of colon cancer	Colon cancer incidence rate per 1,000 ages 25+	Reduce colorectal cancer deaths (per 100,000 population). NH Baseline 1998 – 23.3 NH Target 2010 – 21.0 US Baseline 1998 – 21.6
Incidence of lung cancer	Lung cancer incidence rate per 1,000 ages 25+	
Incidence of prostate cancer	Prostate cancer incidence rate per 1,000 males ages 25+	
Linguistically isolated households	Percentage of linguistically isolated households, 1990	
Medicaid and Food Stamps – Adults	Adults (age 19+) receiving Medicaid/Food stamps, 1997 - 1998	
Medicaid and Food Stamps – Children	Children (< age 19) receiving Medicaid/Food Stamps, 1997 – 1998	
Perception of access to care	Percentage of population under age 65 not “Extremely” or “Very” confident in access to care	
Perception of personal health status	Percentage of population under age 65 reporting “Good”, “Very Good”, or “Excellent” health	

Population by age groups, 1995	Percentage of population by age	
Population employed in firms of 10 or fewer employees	Percentage of population under age 65 reporting employment in a firm with 10 or fewer employees	
Population in owner-occupied housing	Percentage of population in owner occupied housing, and residents per housing unit, 1990	
Population with a work disability	Residents ages 16 – 64 with a work disability and not in the labor force	
Population with chronic condition lasting more than one year	Percentage of population under age 65 reporting a chronic condition lasting one year or more	
Population with no personal transportation	Percentage of population with no personal transportation available, 1990	
Population with no usual source of medical care	Percentage of population under age 65 reporting no usual source of medical care	<p>Increase the percentage of persons age 65 and under who have a usual source of health care.</p> <p>NH Baseline 1999 - 93% NH Target 2010 - 96% US Baseline 1998 - 86%</p>
Population without a dental visit in the prior year	Percentage of population under age 65 without a dental visit	
Population without a physician visit in the prior year	Percentage of population under age 65 without a physician visit	
Population without dental coverage	Percentage of population under age 65 without dental coverage	

Population without health insurance	Percentage of population under age 65 without health insurance	<p>Increase the percentage of persons age 65 and under who have health insurance.</p> <p>NH Baseline 1999 - 91% NH Target 2010 - 100% US Baseline 1998 - 86</p>
Population without health insurance for part of prior year	Percentage of population under age 65 reporting a period without health insurance in the past year	
Premature deaths	Premature deaths per 1,000 ages 18 – 64	
Single parent households with children – number	Number of households with children and a single parent, 1990	
Single parent households with children – percent	Percentage of households with children and a single parent, 1990	
Single person households	Percentage of single person households, 1990	
Unemployment rate, 1999	Benchmarked Unemployment Rates, 1999	